

Bumper family holiday packing list for parents, kids and babies

This is my bumper family holiday packing list for parents, kids and babies. You won't need everything on this list, you may decide to buy some of the things on this list at your holiday destination. But hopefully it will serve as a checklist to take some of the pain out of planning what to pack.

Clothing, shoes and accessories	Have	To buy
T-shirts		
Shirts		
Tops		
Shorts / trousers		
Jeans		
Dresses		
Jumpers / cardigans		
Jacket / waterproof jacket		
PJs		
Bras		
Pants		
Socks		
Sunhat		
Sunglasses		
Trainers / walking shoes		
Shoes for evening		

Toiletries	Have	To buy
Face wash		
Make-up remover		
Cotton wool pads		
Cotton buds		
Moisturiser		
Eye cream		
Body lotion		
Shower gel		
Deodorant		
Shampoo		
Conditioner		
Hair styling products		
Razor / hair removal		
Nail clippers		
Nail polish remover		
Toothbrushes		
Toothpaste		
Dental floss		
Insect repellent		
Sun protection		
After-sun		
Wipes		
Anti-bacterial hand gel		

First aid kit	Have	To buy
Calpol / liquid paracetamol		
Nurofen		

Waterproof plasters		
Antiseptic		
Antihistamine tablets		
Antihistamine cream		
Thermometer		
Motion sickness tablets		
Tweezers		
Personal medication - e.g. hay fever meds		

Tech and sundries	Have	To buy
Phones (as if you'd forget!)		
Phone chargers		
Travel adapters		
iPad / tablets		
iPad / tablet chargers		
Headphones / ear buds		
Kindles and Kindle charger		
Baby monitor		
Night light		

Beach / poolside	Have	To buy
Swimming towels / cuddle-dry		
Beach bag		
Goggles		
Flip flops / beach shoes		
Inflatables - rings, lilos		
Swimwear		

Cover-ups / rash vests		
Beach blanket		
Beach toys - ball, bat and ball set		
Bucket and spade		
Floats / armbands		
Sun tent / windbreaker		

Baby & kids travel equipment	Have	To buy
Baby carrier / car seat		
Kids car seat / booster seat		
Travel buggy		
Sling / baby carrier		
Nappy bag / day bag		
Toddler backpack with safety harness		

Baby specific	Have	To buy
Travel changing mat		
Baby bottles		
Formula		
Breast pump		
Feeding spoons / toddler cutlery		
Dummy / pacifier		
Sippy cup/s		
Nappy cream		
Wipes		
Travel cot / toddler bed		
Nappies		
Swim nappies		

Nappy sacks		
Sleeping bag/s		
Bibs / dribble bandanas		
Travel potty		
UV Sunshade		
Travel highchair		
Travel blackout blind		

Hand luggage - kids	Have	To buy
Water bottle - empty for plane		
Snacks		
Kindle / book		
Activity books		
iPad / tablet		
Blow up travel pillow		
Ear plugs for easing cabin pressure pain		
Playing cards		
Headphones		
Hoodie (wear onto the plane)		
Travel blanket / wrap		

Hand luggage - babies and toddlers	Have	To buy
Nappies		
Nappy sacks		
Change of clothes		
Nursing cover-up		
Formula - pre-measured in bottles		

Dummy / pacifier		
Baby blanket		
Baby bottle for water - empty for plane		
Snacks / pouches		
Travel changing mat		
(Quiet!) toys		
Wipes		

Hand luggage - adults	Have	To buy
Passports		
Driving licence		
Holiday documents / insurance documents		
Credit cards / currency		
Water bottle - empty for plane		
Scarf or wrap		
Blow up pillow		
Kindle / iPad		
Headphones / earbuds		
Playing cards		
Chewing gum / travel sweets		
Ear plugs for easing cabin pressure pain		
Medication for the family		
Sleep mask (you can hope!)		
Phone charger (just one, just in case)		